



UNION TERRITORY OF JAMMU AND KASHMIR
OFFICE OF THE CHIEF EDUCATION OFFICER, DODA

Near Dak Bangalow Doda City, Doda

Tel. no. 01996-299028

(Email Id: ceo-doda@jk.gov.in)



Subject: Celebration of Bag-less day on 22nd of May, 2024.

Circular

A bagless day is a day when students do not have to carry their heavy bags to school. Instead, they engage in various activities that are related to their curriculum. In this context, all the HOIs of (Govt./Pvt.) Schools are directed to announce/Celebrate 22nd of May, 2024 as bag less day in their respective schools/institutions. This initiative will apply to students in class 6th, 7th and 8th across the district.

Children have become stress free on the bagless days. Some of the benefits of the Bagless Policy of NEP 2020 are as follows:

1. **Practical Learning:** Bagless Days allow children to engage in hands on, experiential learning activities that promote practical skills development and real-life problem-solving abilities
2. **Holistic Development:** These activities focus on nurturing various aspects of a child's development, including cognitive, emotional, social, and physical skills, fostering a well-rounded personality.
3. **Creativity and Innovation:** Bagless Days encourage creative thinking and innovation as children explore new ideas, projects, and activities that are not always possible in a structured classroom environment
4. **Enhanced Curiosity:** The diverse range of activities stimulates children's curiosity, encouraging them to ask questions, explore, and learn beyond textbooks.
5. **Interdisciplinary Learning:** Children get the opportunity to explore subjects and topics that go beyond their regular curriculum, enabling interdisciplinary learning and making connections between various subjects
6. **Skill Building:** Through activities like arts and crafts, sports, community service, and vocational training, children can develop a wide range of skills, such as teamwork, leadership, communication, and problem-solving.
7. **Boost in Confidence:** Successful participation in different activities during Bagless Days can boost a child's confidence and self esteem, encouraging them to take on new challenges in the future.
8. **Reduced Academic Pressure:** Bagless Days provide a break from traditional classroom learning, reducing academic pressure and fostering a positive learning environment.
9. **Appreciation for Diversity:** Participation in varied activities exposes children to diverse interests and talents, promoting tolerance and appreciation for different cultures and perspectives.



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10. **Bonding and Collaboration:** Collaborative activities during Bagless Days help students build stronger bonds with peers and teachers, creating a positive and supportive learning community.

Overall, Bagless Days play a crucial role in creating a well-rounded education, offering children a chance to explore their passions, develop essential life skills, and enjoy a more holistic learning experience.

All the Principals (Govt/Private) Schools, ZEOs and Headmasters will take necessary action in the matter and HOIs of all Govt./Pvt. School shall aware the students as well as parents about the initiative of bagless day and its benefits by organizing programmes-cum-seminars in the Schools and share the photos of activities in social media platforms. Furthermore, organize Bagless Day Activities in the Schools as follows:

1. Doodling (2). Art from waste - doll making 3. Dance, drama & mimes 4. Kite making & flying 5. Visit to solar energy park 7. Expert talk on cyber security 8. Educational Tours/Field Visits 9. Experiments 10. Natural Explorations 11. Surveys and case studies 12. Interviews involving community/parents etc.

Chief Education Officer
Doda.

Dated: 21-05-2024

No: CEO/D/ 5893-96

Copy to the:-

1. District Development Commissioner Doda for information please.
2. Director School Education Jammu for favour of information please.
3. Joint Director School Education Doda/Kishtwar/Ramban Range for information.
5. DICC Doda for information and necessary action.